Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Friday 14 Aug 2020 until 23:59 on Saturday 15 Aug 2020

Forecast Issued on Friday 14 Aug 2020 at 04:38 by Met Office Aberdeen

Confidence: High a rather quiet theme with light winds and little rain for much of the period, with the west most often brightest. Perhaps turning more showery towards midweek.

Headline for Friday 14 Aug 2020: Early cloud breaking then mainly sunny. Light winds throughout.

Mountain weather hazards on Friday 14 Aug 2020

Blizzards No Likelihood	**Heavy Snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG					
Fog	Cloudy	Sunny intervals	Sunny	Sunny	Cloudy
Precipitation probability					
<05%	<05%	<05%	<05%	<05%	<05%

Forecast for Friday 14 Aug 2020

Weather: A mostly cloudy and misty start but cloud will disperse through the morning to leave long periods of sunshine. Cloud will spread west again through the evening but west coast staying clear. Winds are likely to be light and variable throughout, dominated by local terrain.

Chance of cloud free mountain/hill tops above 800m: 20% at first becoming 90% by afternoon. Areas of cloud above 300 or 400m dispersing through the morning with most slopes becoming cloud-free. Low cloud invading from the east late in evening but Munro tops and west coast hills should stay clear..

Visibility: Moderate or poor improving good through the morning.

Check our weather forecast every day to get the most accurate and up to date information
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Forecast for Friday 14 Aug 2020

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	3/3 NW	5/7 N	5/9 NW	5/8 NW	3/6 NW	5/7 E	5/7 SE
900	2/3 NW	2/4 NW	3/6 NW	4/7 NW	4/6 NW	4/6 E	4/6 SE
600	5/6 NE	5/7 NE	3/6 NE	4/7 NW	4/6 NW	4/6 E	4/5 SE
300	4/5 N	4/6 N	4/7 N	4/7 W	4/7 W	3/5 N	3/4 SE
Glen	4/8 E	5/7 NE	2/5 N	3/7 SW	5/9 W	4/7 E	3/5 E

Height (m)	Temperature / Feels Like (°C)						
1300	13/13	12/11	12/12	14/13	14/13	12/11	11/10
900	14/14	15/15	16/16	17/17	17/17	14/14	12/12
600	15/15	15/15	18/18	19/20	19/19	16/16	15/15
300	16/16	17/18	20/20	22/22	21/22	18/19	17/18
Glen	17/17	19/20	22/23	24/25	23/23	19/20	18/19
Freezing Level*	2800m	2800m	2800m	2800m	2700m	2700m	2700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
A very warm day on low to mid slopes with highs of 24 or 25 Celsius.

Forecast for Saturday 15 Aug 2020
Weather: On balance, a similar day to Friday with early mist and fog clearing to leave a dry and mostly sunny day. Low cloud spreading into the east again in the evening.

Maximum wind: Variable 10mph, mainly dominated by local terrain. Up-valley more likely from late morning, stronger down-valley into the evening.

Chance of cloud free mountain/hill tops above 800m: 30% becoming 90%. Areas of cloud above 300 or 400m at first, mainly in the east, but clearing through the morning. Returning to the east again late evening.

Visibility: Poor in places at first but improving to good.

Temperature: **Glens:** Around plus 8 Celsius at dawn in western glens rising to 22 Celsius in sunnier areas by day
At 800m: Around plus 13 Celsius
Freezing level: Well above the summits.

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